

Acknowledgement of Risk

In consideration of the services of Logan Kinei, LLC their managers and employees, and all other persons or entities associated with those businesses (hereinafter collectively referred to as "*Logan Kinei*") I agree as follows:

Although *Logan Kinei* has taken reasonable steps to provide me with appropriate equipment and skilled guides so I can enjoy an activity for which I may not be skilled, *Logan Kinei* has informed me this activity is not without risk. Certain risks are inherent in each activity and cannot be eliminated without destroying the unique character of the activity. These inherent risks are some of the same elements that contribute to the unique character of this activity and can be the cause of loss or damage to my equipment, or accidental injury, illness, or in extreme cases, permanent trauma or death.

Logan Kinei does not want to frighten me or reduce my enthusiasm for this activity, but believes it is important for me to know in advance what to expect and to be informed of the inherent risks. The following describes some, but not all, of those risks.

- Dehydration
- Temperature changes
- Sun burn
- Sun poisoning
- Trip, Slip or Fall
- Sprain, Strain of soft tissue or Fracture of a bone
- Laceration
- Contact with environmental hazards, such as but not limited to Poison Ivy, ticks, browntail moth caterpillars
- Wildlife interaction, such as but not limited to coyotes or fox
- Acute cardiovascular events, such as but not limited to heart attack
- Dizziness and/or lightheaded
- Loss of balance

Logan Kinei Nature Experiences are physically demanding. You must make sure that you are willing and healthy to perform the following:

- Hiking for miles on various terrains at various speeds, including but not limited to gravel, stones, tree roots, leaves and pine needles, firm and soft sand, shallow water
- Ability to walk up and down stairs and slopes of various angles
- The ability to vary speeds of walking, including a fast pace
- The ability to get up and down from the ground easily

- Perform breathing activities that may cause sensations such as tingling in the limbs, lightheadedness, and dizziness
- If you have an existing known condition such as heart or pulmonary, or are pregnant, it is your responsibility to alert *Logan Kinei* so they can modified your experience accordingly
- Follow directions and instructions
- Swimming is not part of Logan Kinei Wellness & Nature Experiences, but if you are to choose to swim in a pond, a harbor, the bay or ocean, you must be able to swim and be aware of swimming and shark safety.

I am aware that participation in *Logan Kinei Nature Experiences* entails risks of injury or death to any participant. I understand the description of these inherent risks is not complete and that other unknown or unanticipated inherent risks may result in injury or death. I agree to assume and accept full responsibility for the inherent risks identified herein and those inherent risks not specifically identified. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of and with full knowledge of the inherent risks.

I have read and agree to adhere to the Logan Kinei Nature Experience Safety Guidelines and COVID-19 SAFETY PRECAUTIONS outlined on www.logankinei.com and by the State of Massachusetts.

For Logan Kinei Family Nature Experiences: All children under the age of 18 will have an accompanying adult. I agree to have one parent or guardian for every five children. You, the parent or guardian, is responsible for the safety and actions of the children. You, the parent or guardian, agrees to have the children follow the same rules, regulations, and precautions necessary for the safety of the children, other party members, other unassociated people on the beach or trail, staff of *Logan Kinei*, and nature of the Cape Cod National Seashore.

I acknowledge that engaging in this activity may require a degree of skill and knowledge different than other activities and that I have responsibilities as a participant. I acknowledge that the staff of *Logan Kinei* has been available to more fully explain to me the nature and physical demands of this activity and the inherent risks, hazards, and dangers associated with this activity.

I certify that I am fully capable of participating in this activity. Therefore, I assume and accept full responsibility for myself, including all minor children in my care, custody, and control, for bodily injury, death or loss of personal property and expenses as a result of those inherent risks and dangers identified herein and

those inherent risks and dangers not specifically identified, and as a result of my negligence in participating in this activity.

I have carefully read, clearly understood and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon myself, my heirs, assigns, personal representative and estate and for all members of my family, including minor children.

Printed Name of Participant

Signature

Date

Signature of Parent or Guardian, if participant is under 18 years of age

Printed Name of Parent or Guardian

Signature

Date

If signing for multiple children, please list below

Name of Participant & age

Name of Participant & age

Name of Participant & age

Name of Participant & age

Name of Participant & age

Name of Participant & age